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Lip Lift Surgery – Informed Consent Form

1. Description and Purpose of the Surgery:

Lip lift surgery is a surgical procedure performed to shorten the vertical distance between the base of the nose and the upper lip. This operation aims to achieve a more elevated, youthful, and aesthetically defined appearance of the lips by reducing the length of the philtrum, which may have elongated due to aging or may be naturally long. Excess skin is typically removed through an incision made at the base of the nose, and the upper lip is repositioned upward.

2. Surgical Technique to Be Applied:

The most commonly used technique is known as the subnasal (bullhorn) lip lift. In this method, an incision is made just beneath the base of the nose to remove excess skin and soft tissue. The tissue is then lifted upward to create an aesthetically pleasing appearance. The incision line is camouflaged within the natural crease of the nasal base.

3. Potential Risks, Complications, and Side Effects:

As with any surgical procedure, Lip Lift surgery carries certain risks and potential complications, including:

- **Infection:** Although rare, infection may occur at the surgical site and may require antibiotic treatment.
- **Bleeding and Hematoma:** Blood accumulation may occur during or after the surgery.
- **Delayed Wound Healing:** Smoking or chronic medical conditions may increase this risk.
- **Scar Formation:** Although the incision line may fade over time, a scar may remain. Some individuals may develop hypertrophic scars or keloids.
- **Asymmetry:** A noticeable difference may occur between the corners of the lips, which may require revision.
- **Sensory Changes:** Temporary or, rarely, permanent alterations in sensation of the upper lip may occur.
- **Aesthetic Dissatisfaction:** The desired aesthetic result may not be achieved, or the natural appearance may be compromised.

4. Recovery Process:

- Swelling, bruising, mild pain, and a feeling of tightness may be experienced within the first 48 hours after surgery.

- Stitches are typically removed within 5–7 days.
- Initially, the scar may appear red but usually fades and becomes less noticeable over time.
- The healing process may vary depending on personal factors such as age, genetics, and lifestyle.
- Full results may become apparent within 2–3 months.

5. Alternative Treatment Options:

Non-surgical or temporary alternatives to Lip Lift surgery may include:

- **Hyaluronic acid fillers:** May temporarily increase the volume of the upper lip but do not shorten the philtrum.
- **Botulinum toxin (Botox) injections:** May temporarily affect muscle tone in the upper lip.
- **Non-surgical devices or laser treatments:** Effects are limited and do not alter philtrum length.

6. Patient Information and Consent:

I have read and understood all details related to the Lip Lift surgery as explained above.

I have been informed about the purpose of the surgery, the technique to be used, potential risks, complications, the recovery process, and alternative treatment options.

I have received information about the lifestyle changes I need to follow after surgery (e.g., nutrition, wound care, medication usage, activity restrictions).

I have also been informed that I can contact my surgeon, another physician, or emergency services (112) if I need medical assistance.

☐ **I do not give permission for the use of my pre- and post-operative photos for educational and informational purposes, provided that my identity remains confidential.**

Patient Declaration:

I freely consent to undergo Lip Lift surgery based on the information provided to me.

I have been asked to handwrite in the space below that I have read and understood what has been explained to me and the contents of this form:

.....

Date:/...../..... **Time:**:.....

Patient Full Name:

Address:

Phone Number:

Signature:

